



Healthy Seas goes Global with Record Number of Activities

Thanks to the commitment and passion of our team, our partners and of the many volunteers we are proud to collaborate with, 2022 was an incredible year for Healthy Seas!

Through hard work, strategic synergies and creativity, we were able to achieve a truly global expansion of our activities. In the past year, Healthy Seas began operating in two new continents, North America and Asia with regular cleanups in Hong Kong, USA (West Coast) and South Korea. We also widened our educational scope, engaging more children than ever before through interactive learning activities, physical and digital games.

And while new is always exciting and necessary for the growth of an organization, we also focused much for our energy and resources to Ithaca, Greece, where we returned to continue cleaning up the surrounding sea from yet another abandoned fish farm. Our expertise in organizing such large-scale cleanups is becoming acknowledged more and more, and we as a team are more confident than ever that we can make even greater and longer lasting positive environmental impact on local, regional, and international level. That is our goal and commitment.



Veronika Mikos, Director

Mission Statement

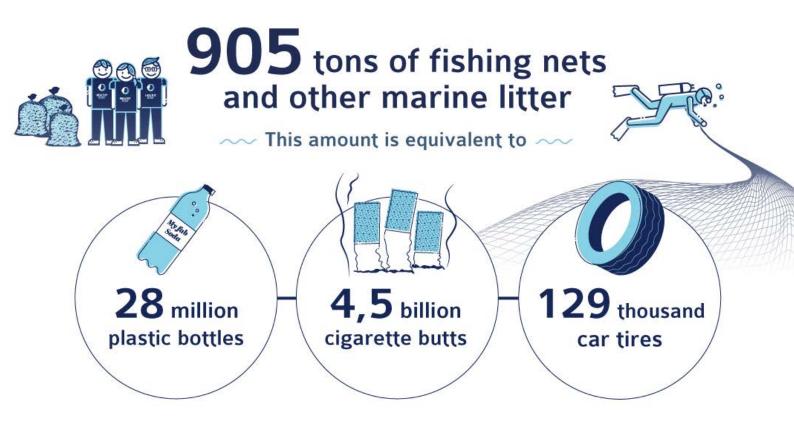
Healthy Seas was founded in 2013 to tackle the ghost fishing phenomenon that is responsible for the needless death of marine animals. Through cleanups with volunteer divers and by working with stakeholders of the fishing sector toward marine litter prevention, Healthy Seas collects waste nets and ensures they become a valuable resource.

Nylon fishing nets are regenerated together with other nylon waste by Aquafil into ECONYL® yarn while the other types of plastics are also reused or recycled. Founded on the principles of circular economy, Healthy Seas champions the three pillars of sustainability and strives to make a positive and long-lasting impact to the marine environment, as well as the development of society, through education and awareness raising.



Total Figures

Since our founding in 2013, together with volunteer divers and fishing communities, we have collected





3400 school children

> 40 days of education events

228

active days

20 countries

within 6 regions

At sea every 2nd day

188 diving days clean-ups and surveys

> 350 volunteer divers

132,5 tons of waste collected

1250 fishers and fish farmers



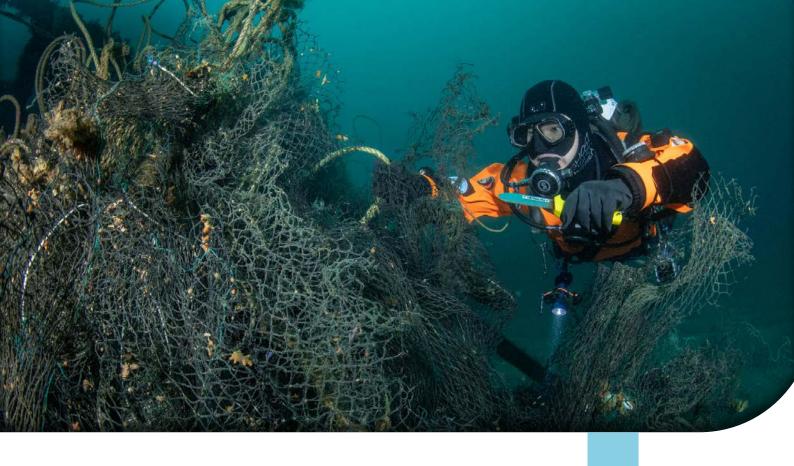


APRIL, 2022
Kicking off
Activities in Los
Angeles on a
Hollywood Bang!

On April 28th, we carried out our first ghost net recovery project an hour off the coast of the city of Los Angeles, in California! What could

have been more fitting than cleaning a wreck that was blown in two pieces and sunk for the filming purposes of a Hollywood movie? That's the story of the USS Moody that in 1933 made its final plunge for the movie "Hell Below."

The divers descended to 150 ft (45 m) and despite bad visibility and a strong current, the well-trained team successfully recovered 300 lbs (135 kgs) of a mixture of tuna and squid nets during a single dive. The area is covered by kelp forests, one of the ocean's most diverse and productive ecosystems.





The Ghost Diving Korea team was established in 2017 with 30 members enrolled in the organization and more than 100 activists constantly working towards environmental protection.

OCTOBER, 2022

South Korea welcomes Healthy Seas

In the Fall, we launched our collaboration with Ghost Diving Korea! The volunteer team will be operating all year round, removing ghost nets from the East Sea (Sea of Japan) where the visibility and temperature conditions make project planning and execution often as challenging as in the North Sea, where our work began.



Return to Ithaca

In 2021, our record-breaking cleanup in Ithaca, Greece, resulted in 76 tons of marine litter being removed from seas and beaches in 8 days. This devastation was the result of a fish farm that was abandoned 10 years prior, wreaking havoc to the environment, community as well as maritime traffic.





It turns out that the same aquaculture was running another facility at another bay on the island, and instead of removing the nets, rings and floats when they ceased operations, the apparatus was sunk to the bottom of the sea. Unfortunately, this 'ghost farm' phenomenon is not an isolated incident.

Together with Ghost Diving and many other partners and with the support of Hyundai Motor Europe, we organised a clean-up project from March until June with the help of local fishers and volunteer divers focusing on 14 different locations around the island, including the ghost farm but also the harbour of Vathy. In total, about 23,500 kg of waste were removed of which, 18,500 kg were nets and 5,000 kg other types of marine litter, including several hundred meters of gill nets and long lines.



2021 and an impressive photography exhibition. Education programmes and activities throughout the day were attended by approximately 180 children, meaning to say by almost all children living on the island.

© Dennis Gedaschke



© Cor Kuyvenhoven















To raise awareness within the local community, we organised a public awareness event at the main square that included the screening of a short documentary about the efforts of







Cleanups

$6 \ regions = 1 \ goal$

We work in regions important for biodiversity and tourism, seas that are heavily fished and at the same time hold shipwrecks and other objects where waste fishing nets tend to accumulate.

In 2022 we expanded to 2 new continents and welcomed Ghost Diving Hong Kong, Ghost Diving Korea and Ghost Diving USA to our partners.

In total, over 350 volunteer divers were active 188 days of the year demonstrating their enormous commitment to cleaning up the seas from ghost fishing gear.



































Partner:















Awareness Raising & Education

Healthy Seas champions the three pillars of sustainability and strives to make a positive and long-lasting impact to the marine environment, through education and awareness raising. In 2022, working alongside esteemed partners, we were proud to see our educational programmes reach more children and adults in 12 countries: the Netherlands, Italy, Germany, Spain, France, the UK, Ireland, Greece, Poland, Slovenia, Croatia, and Korea.

Healthy Seas Virtual Reality Experience

Utilising state-of-the-art technology, the Healthy Seas Virtual Reality Experience puts users in the fins of the Ghost Diving volunteers, on a mission to remove ghost nets from one of the biggest WWII submarines, sunken in the Ionian Sea, in Greece.

Our VR experience has proven to be a very engaging public awareness tool for all ages and during 2022 it became the highlight of many school visits and various prestigious awareness raising events in 7 countries around the world.





'Circularity is our Opportunity': New education programme launches in Slovenia

Together with our founding partner Aquafil, we launched our partnership with Ekošola in Slovenia.

Eco-Schools is an internationally established programme of integrated environmental education and training, aimed at promoting and increasing awareness of sustainable

development among children, pupils and students through their active involvement in the local community and beyond. For our first activities, we carried out an in-depth workshop on circular economy and we visited an elementary school and a high school introducing 78 students to the programme. Since 2013, we have been visiting schools in many countries in Europe to educate students on marine pollution and sustainability. This, however, is a first of its kind programme since it involved training teachers in order for them to become multipliers of knowledge and help educate thousands of students in Slovenia.

Launching Education Programmes in Croatia

After years of working in Croatia carrying out underwater cleanups and prevention activities with fishers, the time finally came to launch regular education programmes in schools throughout the country. We couldn't be happier to be cooperating with ghost diver and underwater explorer, Velimir Vrzić, in this new endeavour.





Healthy Seas Surface Squad

The Surface Support Squad is a volunteer group formed in 2021 following training sessions with DWS staff who wanted to become ambassadors and take action with us to protect the seas and oceans!

During 2022, its members were active all over Europe by organizing school programmes, beach cleanups and even raising awareness about Healthy Seas...while sailing! We are grateful for their support!

In 2022, DWS employees in the USA were also trained by our team to join the Surface Support Squad. We look forward to working with them!









aoife®











Prevention

Now cooperating with 1250 fishers and fish farmers

Engaging the fishing sector in prevention activities is an important part of curing the ghost fishing problem.

Ghost nets can be detrimental to marine wildlife and ecosystems. They put pressure on the maritime industry, impair navigation safety and can deteriorate beach quality.

Ghost nets are a major issue of concern also for fishers:

- They place significant costs on them because of lost fishing time and damage to their active nets.
- They keep fishing uncontrollably and lead to unnecessary catch of fish stocks: a financial loss for both fishers and the fishing industry.





We are proud to cooperate with the fishers of Den Oever that joined Healthy Seas at our very start in 2013. To this day, they continue being great ambassadors for clean and healthy seas in the Netherlands.

Partners: ((i) CIX DEN DEVER U.A. WWW.civ.nl info@civ.nl









Greece & Italy

In 2022, thanks to our partnership with Diopas S.A. and Enaleia, we continued taking nets from fish farms and fishers to facilitate their recycling.

The central collection points in Lavrio and Thessaloniki are receiving end-oflife nets as well as ghost nets from 4 fish farms, 29 ports and 230 fishing vessels from all over Greece.









Enaleia is also working in Italy, collecting end-of-life nets as well as ghost nets from fishers based in the harbours of Ancona, Rimini, Cattolica and Cesenatica.



Since 2020, we have been collecting old nets from 2 fisher communities in the northern part of Croatia: Plomin and Krnica.

Seventy percent (70%) of the nets are trawlers and the rest are gill nets, made of nylon and perfect for regeneration.





Contributing to positive social impact in Greece

Thanks to our partner Enaleia, unemployed young people in Greece are educated about sustainable fisheries and fishing tourism. In the framework of our cooperation, they are taught about responsible handling of waste fishing nets, recycling and circular economy.



Events, Talks and Exhibitions

Healthy Seas was part of the following events

- UNITAR CIFAL Jeju's 18th Youth Workshop (8 & 23/2/2022)
- Diving Safety Conference
 The Netherlands (25/3/2022)
- Blue Economy: Investing to Protect our Seas (30/3/2022)
- BIT BORSA Internazionale Del Turismo Milan, Italy (11/4/2022)
- 2nd Aquaculture Congress
 Athens, Greece (15-16/4/2022)





- We Drive Solar, Utrecht The Netherlands (21/4/2022)
- Return to Ithaca public event
 Greece (23/5/2022)
- World Environment DayMarina Flisvos, Greece (4-5/6/2022)
- World Ocean Day (8/6/2022)
- 36th edition of the International Sailing Race
 Corfu, Greece (12-14/6/2022)
- Biodiversity Forum 2022 (26/6/2022)

- UN Ocean Conference Lisbon, Portugal (27/6 - 1/7/2022)
- GGGI Side Event "Public-Private Partnerships to Share Knowledge and Resources for Impactful Solutions to Address Marine Pollution" (28/6/2022)
- Gdynia Design Days
 Poland (2-10/7/2022)
- International Coastal Cleanup Day (17/9/2022)
- Milan Fashion Week 2022
 (20-26/9/2022)





- Climate Change and I, SNFCC Athens, Greece (24-25/9/2022)
- EU Researcher's Night (30/09/2022)
- 14th Greek Small Islands Conference Ithaca, Greece (30/9 - 2/10//2022)
- FAO Webinar on Fishing Gear Recycling (10-11/10/2022)
- Farad Group Luxembourg Charity
 Gala Evening
 Luxembourg (13/10/2022)
- Sustainable Ocean Summit in Barcelona(17-18/10/2022)

Communication Highlights



In 2022 we launched a podcast series, The Healthy Seas Podcast! This interview-style show will feature individuals who are doing all they can for healthier seas and oceans, from above and below the waves. Hosted by podcast veteran, Crystal DiMiceli, each episode will be 20-40 minutes in length. It will leave the listeners feeling optimistic about what's being done to protect this vital source of life and empowered with ideas on how they, themselves, can help.







The Who, What, and Why Behind Our Organisation

Nets, divers, action! Marine conservation in Los Angeles

Lobster Pot Recovery After Storm Arwen How to Make Black Friday Planet-Friendly

Mediterranean Life Under Siege

Our project, 'Return to Ithaca', part of a Discovery Channel series on circular economy

The episode is hosted by York Hovest, an environmental activist who has spent the last few years accompanying organisations that oppose the destruction of the oceans as part of his 'Heroes of the Sea' project. Hovest speaks to Veronika Mikos, Director of Healthy Seas, and Pascal van Erp, Founder of Ghost Diving and Lead Diver of Healthy Seas, about the 'Return to Ithaca' project, the process of cleaning the ocean and its environment, and the problems caused by lost or abandoned fishing nets.







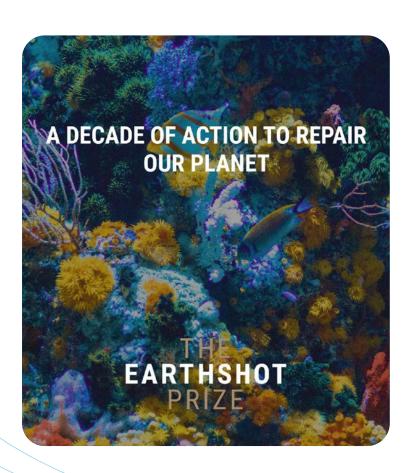
Healthy Seas attends the UN World Ocean Conference 2022

The second UN Ocean Conference took place June 27-July 1 in Lisbon, Portugal. The last time ocean protectors had gathered was five years ago in New York. Our ambassador, Gelareh Darabi, represented Healthy Seas there to meet, exchange and report from behind the scenes.

Six outcomes that we found especially interesting:

- The Europea Commission announced 50 voluntary contributions worth EUR 7 billion, including EUR 1 billion to protect high seas biodiversity.
- O Co-Chair Lawrence Hanson, from Canada, highlighted actions on ghost gear.
- Oman noted the creation of 13 MPAs.
- Argentina highlighted a draft law to manage plastic packaging production.
- The Russian Federation and Brazil supported a legally-binding agreement on plastic pollution.
- Panama shared goals to make the Panama Canal carbon neutral by 2030.

Over all we've noticed a strong emphasis on ghost gear and its prevention throughout the entire conference!



Earthshot Nominator

Healthy Seas was invited by The Royal Foundation to be an official nominator for The Earthshot Prize, a global prize for the environment led by Prince William and Sir David Attenborough.

They are engaging a diverse and credible group of not-for-profit and academic organisations from across the world, who will be critical in enabling them to achieve the 'Earthshot' goals for 2030.

Online Presence



Significant Press

Over 25 tons of waste raised from Greek island **REUTERS**

REUTERS Over 25 tons of waste raised from Greek island Volunteer divers clear tons of dangerous 'ghost nets' from the Greek coastline **EURONEWS.GREEN**

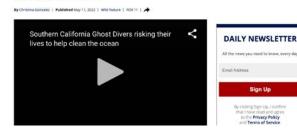
OUTONOWS.Green NEWS CLIMATE NATURE LIVING ECO-INNOVATION OPINION SERIES V Volunteer divers clear tons of dangerous 'ghost nets' from the Greek coastline



Southern California divers risking their lives to help clean the ocean **FOX11 Los Angeles**



Southern California divers Magyarok segítettek egy görögországi risking their lives to help clean the ocean 2022.06.08. NG



Espagne: lutter contre la pêche fantôme



Magyarok segítettek egy görögországi öböl megtisztításában **NATIONAL GEOGRAPHIC**



FÖLD

öböl megtisztításában



Les 20 marques de maillots de bain les plus cools du printemps **VOGUE**



Neteja solidària a la platja Mar Menuda de Tossa DIARI DI GIRONA

Diari de Girona

PÁGINAS: 15 AVE: 339 € ÁREA: 134 CM² - 12% DIFUSIÓN: 3718 OTS: 30000 SECCIÓN: LOCAL

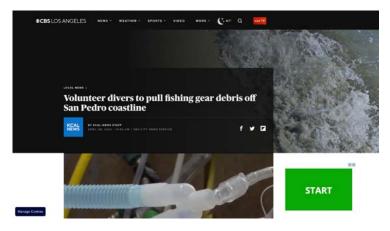


17 Junio, 2022



Neteja solidària a la platja Mar Menuda de Tossa

Volunteer divers to pull fishing gear debris off San Pedro coastline CBS LOS ANGELES



Dalla plastica recuperata in mare «nascono» gli interni delle auto MOTOR1.COM



Hier fischen sie die Auto-FuBmatten der Zukunft ABGEFAHREN





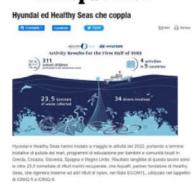


Nonprofit works with divers to take nets off wreck site in San Pedro ${\bf EYE~WITNESS~NEWS}$



Hyundai ed Healthy Seas che coppla





Hyundai ed Healthy Seas per un'economia circolare MOTORI

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Drone target ghost nets SCUBA DIVER MAG



Nonprofit works with divers to take nets off wreck site in San Pedro **EYEWITNESS NEWS**



COMMUNITY JOURNALIST

Nonprofit works with divers to take nets off wreck site in San Pedro

Healthy Seas estimates about 640,000 tons of fishing gear is either lost or abandoned in the water each year.



Hyundai Italia e Healthy Seas per educare alla economia circolare QUOTIDIANO NAZIONALE - QN MOTORI

QUOTIDIANONAZIONALE



Mar d'auto



Dopo Itaca, il progetto approda sulle coste della Croazia LIFEGATE



Healthy Seas brings international marine protection effort to San Pedro MYNEWSLA.COM



Hyundai nos recuerda la importancia de proteger los océanos ESDIARIO



Wie Pascal fischernetze zu fussmatten macht AUTOBILD



Les filets de pêche abandonnés, une pollution à la dérive LA PROVENCE



L'economia circolare di Hyundai nella docu-serie di Warner Bros. Discovery ${\bf BRANDNEWS}$



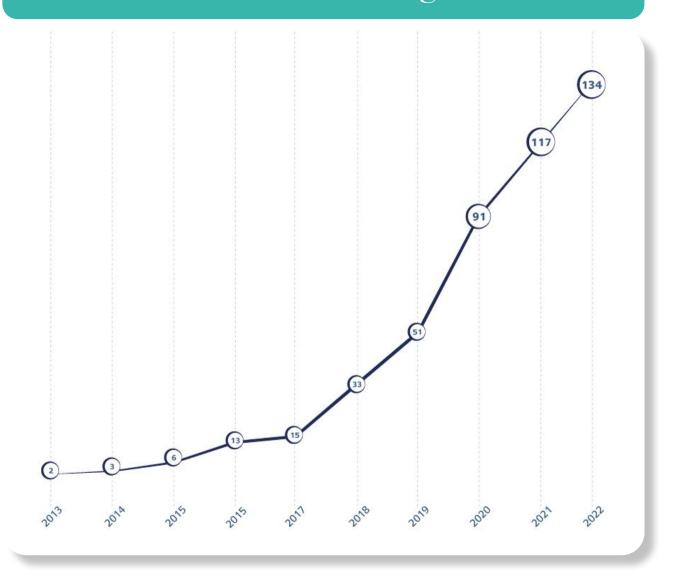
Hyundai: la pulizia degli oceani con il partner Healthy Seas MOTORIONLINE





Our Partners

We are Growing!



Founding Partners







Associate Partner Members





















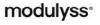














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You can be next. Join our journey!





Thank you for your attention!

www.healthyseas.org









